

General Contact Details

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	<p>Rebecca Norvang International Team contact person</p>
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Academic and Exchange Details

<p>Nomination and application for incoming Erasmus+ students</p>	<p>Before applying, students must be nominated by their home institution: https://www.hiof.no/english/studies/exchange-students/how-to-apply/nomination-process/index.html</p> <p>Nomination and application deadlines: For studies in the autumn semester: 1 May For studies in the spring semester: 1 November</p> <p>How to apply: https://www.hiof.no/english/studies/exchange-students/how-to-apply/online-application/index.html</p>
<p>Semester dates</p>	<p>Autumn: mid-August - mid-December Spring: January - mid-June</p> <p>See Academic Calendar for updates: https://www.hiof.no/english/studies/about/academic-calendar/</p> <p>Dates above correspond with the Learning Agreement: <i>The start date of the study period is the first day the student has</i></p>

	<p><i>been present at the receiving institution, for example, for the first course, for a welcoming event organised by the host institution or for language and intercultural courses.</i></p> <p><i>The end date of the study period is the last day the student has been present at the receiving institution, and not his actual date of departure. This is, for example, the end of exams period, courses or mandatory sitting period.</i></p>
Courses	<p>List of courses offered in English: https://www.hiof.no/english/studies/exchange-students/courses-for-exchange-students/index.html</p>
Credit system	<p>ECTS. For further information, please refer to https://www.hiof.no/english/studies/about/credit-system-and-grading/</p>
Transcripts and grades	<p>Digital transcripts of records can be ordered by the students and, when necessary, hard copies can be ordered.</p> <p>https://www.hiof.no/english/studies/about/diploma-and-transcript/</p>
Housing	<p>Student accommodation is guaranteed for all international exchange students that apply online before the deadline.</p> <p>https://www.hiof.no/english/student-life/housing/</p>
Insurance	<p>All students must have health insurance covering their entire stay in Norway. We strongly recommend all students to have travel and property insurance in addition to their health insurance.</p> <p>https://www.hiof.no/english/student-life/health-insurance/</p>
Special Needs	<p>If you have an illness, functional impairment or other difficulties that make studying more challenging, you may be entitled to special adaptation. Please contact us as soon as possible at specialneeds@hiof.no.</p>
Other useful information	<p>Information about the before, during and after phases of studying at Østfold University College: https://www.hiof.no/english/studies/international-students/index.html</p>